

# THE 3RS: RELATIONSHIP, RELATIONSHIP, RELATIONSHIP: UNDERSTANDING ATTACHMENT IN THE CLASSROOM

One-Day Online Workshop | 2023/24  
Academic Year | Winnipeg, Manitoba

WORKSHOP PRESENTERS: ALLOWAY THERAPY  
AND P.S. COUNSELING MATTERS

THREE WORKSHOP DATES AVAILABLE

- > Friday, September 29, 2023
- > Friday, January 26, 2024
- > Friday, April 26, 2024

## Understanding Attachment in the Classroom

Children with disrupted attachments can present with very confusing and challenging behaviours in the classroom. By becoming familiar with attachment theory and complex trauma, educators can better understand the origin of their student's withdrawn, impulsive or aggressive behaviours.

Most importantly, key adults directly involved with students can utilize their relationship to shift a child's negative self-concept, and support them to feel safe and ready to learn.

## Workshop Objective

The workshop will explore the links between children's early attachment experiences, emotional development and social/academic success in school. The Circle of Security model will be used as a "map" to understand behaviour and ways to respond to each child's emotional needs.

This workshop will address:

- Attachment Theory and Complex Trauma as a framework to understand the social and emotional development of young children.
- Cues and miscues: Behaviour as the communication of a child's inner world of thoughts and feelings
- The Circle of Security as a framework to guide educators to support and co-regulate children who have disrupted attachment/trauma histories.
- P.A.C.E. How to be Playful, Accepting, Curious and Empathic: Helping children feel psychologically safe in the school environment.

## Who Should Attend?

- Key adults directly involved in planning for and supporting students: this includes resource teachers, inclusion specialists, guidance counselors, teachers and educational assistants.
- Multi-disciplinary clinical support staff, including social workers, psychologists and occupational therapists.

## About the Presenters

**Monique Gougeon** (MSW, RSW, CPTS, CTP, EMDR Certified Therapist, COS) and **Patti Sutherland** (MSW, RSW, CPTS, CTP, COS) have Masters Degrees in clinical social work. They are both Certified Child Psychotherapists and Play Therapist Supervisors with the Canadian Association of Play Therapy and Trainers with Theraplay Canada®.

They have extensive experience working with children and families in community agencies and schools and have received specialized trainings and certifications in attachment-based interventions including Circle of Security® Intensive and Group Protocols and Dyadic Developmental Psychotherapy.

**\*LIMITED TO 25 REGISTRANTS  
PER WORKSHOP\***

## WORKSHOP INFO. & REGISTRATION

Three workshop dates to select from:

- Friday, September 29, 2023
- Friday, January 26, 2024
- Friday, April 26, 2024

**TIME:** 9 a.m. to 4 p.m. with a one hour lunch

**COST (GST exempt):**

- **ADVANCED:** \$200 (register one month prior to workshop)
- **REGULAR:** \$225

**TO REGISTER AND PAY VISIT:**

**[ALLOWAYTHERAPY.COM](http://ALLOWAYTHERAPY.COM)**